

# NARFE

National Active and Retired Federal Employees  
Durham, NC, Chapter 566

Vol. 2006-5

September-October 2006

## Chapter Calendar

NARFE Chapter 566 now meets on the  
**3rd** Tuesday of each month  
11:00 AM  
at  
**Bennett Pointe Grill**  
**4625 Hillsborough Rd.**  
**Durham**

**Tuesday, September 19, 2006**  
Chapter Meeting  
Speaker: Cornelia Poer  
Geriatrics Social Worker  
Duke Hospital

**Tuesday, October 16, 2006**  
Chapter Meeting  
Captain Jacobs  
Salvation Army

## See page 2 for program notes

**Tuesday, November 28, 2006**  
Chapter meeting  
Speaker: Officer Tony Paylor  
Crime Prevention Dept.  
Durham Police Department

Tuesday, December 19, 2006  
Christmas plans  
To be announced later

**September 10-14, 2006**  
30<sup>th</sup> National Convention  
Albuquerque, NM



## Please note: A change in our meeting date

Due to circumstances beyond our control, we have been forced to change our meeting date for at least the next few months. The Bennett Point Grill erred in booking our chapter for the 4th Tuesday of each month.

We are unable at this time to find a suitable meeting room in Durham where we could continue to meet on the 4th Tuesday. The alternative that we accepted is to meet there on the third (3rd) Tuesday of the month. The next meeting will therefore be on September 19, 2006. Please make the change on your calendars.

## President's Message

By Carolyn London  
[clondon@verizon.net](mailto:clondon@verizon.net)



The NARFE National Convention is being held in Albuquerque, NM, 10 -14 September 2006. Thank you for the generous contribution you have made to help me attend this convention. Your support is very helpful and makes me very proud to represent you. While in Albuquerque, I will attend the North Carolina (NC) Federation Caucus. This is the forum for the delegates to voice any concerns or discuss questions we may have regarding the election of national officers and how our decisions on several major organizational issues that will impact the future of NARFE. I will also attend our Region X Caucus where we will elect the Region's National Field Vice President who will replace Bill Austin. Our NC Federation President, Tom Hobgood, has arranged for the approximately 20 delegates from NC to be seated together at the Banquet on the last night of the convention. I look forward to meeting those delegates whom I do not already know as well as renewing past acquaintances. My major goal is to absorb as much information as I can, and to share it with you on September 19, 2006 (our next chapter meeting) or in a future newsletter.

## Blue Cross Briefing

Blue Cross Blue Shield of NC will conduct the annual annuitant briefing to explain changes in benefits and rates for Standard and Basic Option Plans for 2007. The briefing will be held on Thursday, October 26, 2006, at the Sheraton Chapel Hill Hotel, One Europe Drive, Chapel Hill, NC 27514 from 1:30 – 3:30 PM. Lunch will be provided at 12:30 PM for pre-registered guests ONLY. If you plan to eat lunch, you must pre-register by October 6, 2006. You can register by calling Jaynita Shah at 919-765-2644, by email to [Jaynita.shah@bcbsnc.com](mailto:Jaynita.shah@bcbsnc.com), or by mailing the registration form to her. I will provide copies of the registration form at our next chapter meeting.



### Vice President's Program Notes

By Fred Hawkins  
F\_Hawk@att.net

#### Cornelia M. Poer, 19 September:

Our speaker for September 19th is Cornelia M. Poer, a social worker at the Duke Geriatric Evaluation and Treatment Clinic since 1998.

In addition to her present job Cornelia has worked in various areas since receiving her BA and Master of Social Work degrees at UNC, including work in a continuing care retirement community, helping set up an assisted living facility, and working in home health, family support, and in a nursing home. She has also served as co-facilitator for the Durham Evening Alzheimer's Family Support Group for over 18 years.

#### Captain Mark Jacobs, 17 October:

Captain Mark Jacobs, along with his wife, Barbara, serve as corps officers for The Salvation Army in Durham, Orange, and Person counties. After Salvation Army appointments in Jacksonville, Florida, and in Atlanta, Captain Jacobs was assigned senior management responsibilities in Durham. His areas of responsibility include managing a Boys and Girls Club and a thrift store, emergency social service assistance, Hispanic outreach, Firecrest inner-city outreach, and worship ministries.

Before joining The Salvation Army about ten years ago, Captain Jacobs worked as a radio news reporter and anchor, managed a television station, and served as senior corporate spokesperson for two Florida electric utility companies.

Alternate speaker: Debbie Avolin.

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## Membership Report

### Welcome New Members

Byrd, Donna  
Cline, John B.  
Ritchie, Sara Meda  
Trutna, Belinda  
Schrum, William G  
Stasiewicz, Stan

### Members who did not renew

Hicks, Robert (Moved away)  
Johnson, Ruth E.

### In Memoriam

Alexander, Walter D.  
(National only member )

### Current Chapter Membership

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### Duplicate Copies of NC Federation Newspaper

Some of our members have expressed concerns about receiving more than one copy of the Federation Newsletter, e.g., when there is more than one NARFE member in a family. The federation now has the capability of selecting out the duplicate mailings.

Please let us know by September 19 if you are currently receiving two copies of the newsletter and wish to receive only one copy in the future. We need to let our Federation newsletter editor know before October 1, 2006, the names of individuals who want this change. Call Carolyn London at 919-489-4228 or e-mail her at [fclondon@verizon.net](mailto:fclondon@verizon.net).

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### Are we too complacent?

The following observations are included in an article by Bill Austin, current FVP for Region X and candidate for National Vice President. The complete article is in the September issue of NARFE Magazine.

"Over the years, our organization has become sophisticated, more into philanthropy, and much more complacent about defending our hard-earned benefits. Unfortunately, it seems that many of us have begun to take our benefits for granted. We seem to have forgotten that what Congress giveth, Congress can taketh away."

We need to ponder those words carefully whenever we put off sending those messages that make our voices heard to our Congressional people. There are many, many voices clamoring at once – don't let our voices be drowned out.

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### Is the Living Will Enough?

Many of us thought so for a long time. But if our attorneys and financial advisors haven't already made us think again, we should read an article about Living Wills in the July issue of NARFE magazine. The article stresses that the living will alone may not satisfy the needs of a dying person. It must be supplemented by a health care durable power of attorney.

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Kay Murray, our Sunshine chair, reports that Esther Ace has been seriously ill. For those who wish to send cards, her address is 4615 Leesville Rd, Durham 27703.

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### Have you considered Dues Withholding?

No more worry about letting your membership lapse!

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## Honorary Life Membership Presentation



Left to right:  
Erma Whittington with  
Carolyn London,  
Chapter President  
And  
Bill Austin  
Area X FVP

**Erma Paden Whittington** was recently presented with an Honorary Lifetime membership by Bill Austin, Region X Field Vice President, for having passed the age of 85 and as the wife of a federal employee, has been a loyal and active NARFE member continuously for 38 years. She is currently serving on the chapter calling committee.

Erma was born and raised in rural Pennsylvania. After receiving her BA degree from Westminster College in New Wilmington, PA, she attended Slippery Rock State Teachers College and received elementary certification and for seven years. then taught at elementary and high schools where she was also the school librarian. She received a BS in Library Science from University of North Carolina, Chapel Hill, NC

She went to Duke in 1945 to work for her Masters in American Literature. She completed her degree in 1949 and went to work as a librarian in the Duke Cataloging department. While at Carolina, she met her husband, Tolbert Mansfield Whittington, Jr., a student veteran. "Whitt" later went to work at the VA Hospital. In 1968 he joined NARFE and enrolled Erma at the same time. He eventually became the NC federation vice president and eventually president. One year when he attended the National Convention, Erma accompanied him as delegate from the Durham Chapter. He died in the late 1980s.

In 1975 the Duke English Department established the Jay B. Hubbell Center for American Literary Historiography and she was appointed as Librarian of the Center which was housed and functioned as a part of the Manuscript Department. Erma's retired in 1987 and has been a loyal and valuable member of this chapter ever since. It does not appear her 89 years have slowed her down much. She has earned her title of "Honorary Member."

## Chapter Officers

President	Carolyn London	919-489-4228
	<a href="mailto:fclondon@verizob.net">fclondon@verizob.net</a>	
1 <sup>st</sup> Vice Pres./	Fred Hawkins	919-471-9305
Programs	<a href="mailto:F_Hawk@att.net">F_Hawk@att.net</a>	
Secretary	Helen Stopinski	919-383-5782
Treasurer	Arnetta Wicker	919-544-2720
	<a href="mailto:eaglesnccu@aol.com">eaglesnccu@aol.com</a>	
Legislative/	Marian Zang	919-309-0377
Editor	<a href="mailto:mezang@aol.com">mezang@aol.com</a>	
Service Off.	Beulah Latta	919-383-3795
Public Relations	Doris Tilley	919-477-3795
Alzheimer's	Helen Hilderman	919-382-0682
	<a href="mailto:HelenHild@aol.com">HelenHild@aol.com</a>	
Sunshine	Kay Murray	919-382-0682

## Some Other Useful Numbers

### Hon. Elizabeth Dole

120 Senate Russell Bldg. Washington, DC 20510  
202-224-6343 (DC); FAX 202-224-1100

Web: <http://dole.senate.gov/>

### Hon. Richard Burr

US Senate, Washington, DC 20510  
202-224-3154

Web: <http://burr.senate.gov/>

### Hon. David Price

411 W. Chapel Hill Blvd., Durham, NC 27701  
919-688-3004 (Durham), 202-225-1784 (DC)

Web: <http://price.house.gov/>

## Planning to move? Notify NARFE

1-800-456-8410 or [memsrv@narfe.org](mailto:memsrv@narfe.org)

(Also please notify this chapter at [mezang@aol.com](mailto:mezang@aol.com))



## Alzheimer's Report

Helen Hilderman  
[HelenHild@aol.com](mailto:HelenHild@aol.com)

"For the first time, scientists and physicians see genuine, tangible and quantifiable hope in the research field. Most experts agree that with adequate resources, scientists will be able to develop medications that will modify Alzheimer's pathology within the next three years,"

That is a quote from a recent Alzheimer's convention in Washington, D.C.

This newsletter is published bimonthly by Chapter 566 Durham and mailed to all chapter members. It is sent out about one week before the chapter meeting in the months of January, march, May, July, September and November.

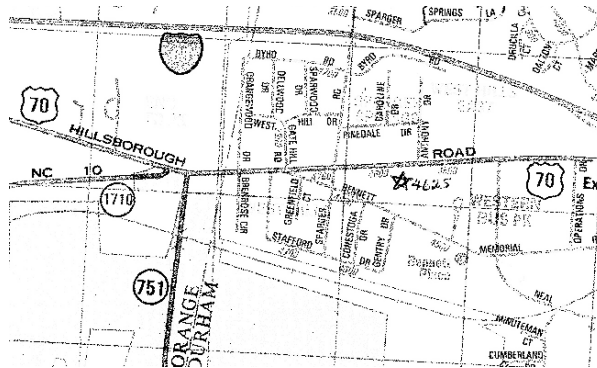
# Meeting Place and Date— for September 19. 2006

## **Bennett Pointe Grill**

**4625 Hillsborough Rd., Durham, NC**

Near corner of Hillsborough and Sparger Roads –Close to Food Lion

Phone 919-382-9431



Luncheon prices start at \$5.95



# NARFE

**NATIONAL ACTIVE AND RETIRED  
FEDERAL EMPLOYEES**

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